



Multicultural
Gambling Harm
Prevention

Struggling with the effects of gambling?

English



Gambler's
Help

SSI

Are you negatively affected by your own or someone else's gambling?

Do you:

- have difficulty managing your finances
- spend too much time or money on gambling
- have difficulty maintaining relationships because of your spending
- borrow money to gamble
- feel guilty or stressed about gambling?

We offer free support in-language for people who gamble, their families, and friends.

Our services include 1:1 counselling, referral support, online, mobile and in-person group therapy, and more.

To learn about support

call us on **1800 329 192**

or email **gamblingharmprevention@ssi.org.au**

ssi.org.au