

Are you or someone you know struggling with the effects of gambling?

Do you:

- have difficulty managing your finances
- spend too much time or money on gambling
- borrow money to gamble
- feel guilty or stressed about gambling?

SSI's Multicultural Gambling Harm Prevention Services (MGHPS) offer **free support** for people, their families, and friends struggling with the effects of gambling.

Our services include: 1:1 counselling, referral support, online, mobile and in-person group therapy and alternative therapeutic services.

MGHPS has been developed to provide in-language support to people from multicultural backgrounds and their communities.

Our services aim to support migrant, refugee, and culturally diverse community members to overcome the negative effects of gambling.

Contact us and learn more:

To learn more about SSI's MGHPS, visit our [website here](#), or call our hotline on **1800 329 192**.



FREE support in-language