

Matakau-motu kau fakalataha  
ke totoko atu ke he gahua  
pele-tupe



**Alaia ka  
haau a  
moui ha ko  
e gahua  
pele-tupe?**

**Alaia ka  
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## Matakau-motu kau fakalataha ke totoko atu ke he gahua pele-tupe

**Hagahaga kelea lahi kā e moui haau ha ko e gahua pele-tupe poke mahani pele-tupe he falu tagata?**

Fai fakakiteaga pehē nakai a koe:

- uka lahi kia koe ke leveki haau a tau tupe?
- lahi e tau magaaho kua nofo he tau fale pele-tupe poke fakaaoga fakagoagoa e tau tupe he tau fale nei?
- uka lahi ke taofi haau a fehagai mo e falu ha ko e haau a fakaaogaaga he tupe?
- kaiole tupe ke fano ke pele-tupe?
- tupetupe e loto ha ko e gahua pele-tupe?

Maeke ia mautolu ke foaki noa e lagomatai ke he vagahau motu ke lata mo e tau tagata ne lahi pele-tupe fakahaoa pihia foki ke lata mo e magafaoa mo e tau kapitiga.

Ko e tau puhala lagomatai ke moua e koe to putoia ai e taha fakatutalaaga mo e counsellor, fakamau haau a higoa ke moua e referral support ke he kupega hila, mobile poke therapy auloa mo e falu mo e loga atu foki.

Ke iloa falu a tau fakailoaaga puhala lagomatai kua tonuhia ke moua e koe, hea e numela **1800 329 192** poke fakafano e tohi **imeli** ke he gamblingharmprevention@ssi.org.au.

Ko e fakaliliuaga-Pasefika he tohi nei kua fakamatapatu he Pacific Island Creative Arts Australia (PICAA) mo e Vasa Consultancy, mo e kau gahua Invest in You project, Brimbank City Council.

Try free and low cost alternatives to gambling at your Library, Neighbourhood House or Leisure Centre: [www.brimbank.vic.gov.au/events](http://www.brimbank.vic.gov.au/events).