

Building stronger families



Are you an Arabic-speaking man who has moved to Australia from overseas?

Are you interested in learning about family life in Australia and its challenges?

**Weekly
group sessions
beginning
August 2020**

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Women

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Building stronger families

Do you want to learn how to build strong relationships within your family?

Are you facing stresses and challenges that are impacting on your behaviour and relationships with your family?

You will learn how to build family connections that are strong, respectful and caring during weekly group sessions for Arabic-speaking men who are new to Australia. In this free program, you'll gain a better understanding of the thoughts, feelings and behaviours that impact relationships. You will also learn about the dynamics of power and control in families and of relationships between men and women in Australia. This private, confidential program is run by Arabic-speaking facilitators and also provides social support for your family.

When: A facilitator from an Arabic background will be in touch with you for further discussion.

Group sessions on Thursdays 6 August – 3 December • 5.30pm – 8.00pm
(Please note the group will not run in school holidays)

Where: Location to be arranged. It will be in either Liverpool, Fairfield or Bankstown

Cost: FREE!

Information and booking:

To make a booking, or for more information please call Jessica Harkins on 0435 920 221